

## Castle Bowmen can end the year with it's reputation as the club of Champions still intact ~ 2013 review of the year

In 2013 we also became one of, if not THE, biggest club in Wales.

Castle Bowmen feature well in the 2013 Welsh Target Rankings :-

For the Gent Recurves - Glenn ends the year as 4th in Wales with Mike Wo' 5th, Rick is ranked lucky 13th with Steve at 28th.

For the Lady Barebow Category - Wendy is ranked 2nd in Wales with Michelle at 3rd.

Chris ends the year as 2nd in Wales for Gent Barebow.

Michelle is Currently the Welsh Lady Barebow Outdoor Champion, Mike Wo' is the Glamorgan County Gent Recurve Outdoor Champion,

Ryan is the Glamorgan U14 Indoor AND Outdoor Junior Gent Recurve Champion, Nia is Glamorgan Indoor Junior Lady U14 Recurve Champion,

with her sister Rhianna the Glamorgan Indoor U14 Junior Lady Barebow Champion with Harry being Junior Gent U18 Barebow indoor champ.

Many medals were won by Castle Bowmen members this year and also plenty of County and Welsh records being claimed too :-

Heather now holds the Junior Lady U16 Barebow Glamorgan record, Rob, Rick Val and Michelle all hold FITA 900 county records

in their respective categories, Ryan holds the Glamorgan record for Jnr Gent U14 Recurve at Metric III round, Michelle also holds

the county record for an Albion round shot by a Lady Barebow and Mike Wo' now holds the Welsh and County record for Gent barebow

shooting the St George round.

Chris was Team manager for the winning Glamorgan Inter-County team this year. Michelle, Mike Wo', Glenn, Ryan, Beth and Heather

were all part of the winning team this year, with Michelle, Mike Wo' and Beth picking up individual medals in the Barebow categories.

Castle won the Summer Postal league tournament for the 2nd year running - ending top of division 1 - so technically the best club in the UK.

We ran our normal plethora of tournaments throughout the year for all levels of archer, all of which went very smoothly.

Our unique team head-to-head club handicap shoot was once again enjoyed by those of the club who took part.

We introduced a Junior-only 12 dozen round Tournament into the shooting calendar, the only one in Wales, which received much praise.

The Castle Bowmen Junior club is as popular as ever and receiving praise from Welsh Archery Association Committee Members.

Many of the Juniors benefitting from their Junior-only Saturday coaching sessions and claiming many FITA badge awards.

The qualified coaching team in Castle, while always excellent, gained another Level 1 official coach this year - Steve.

Well done to EVERY member of Castle Bowmen for all the achievements of the year, whether big or small.

The MOST important thing is that you enjoy the Archery .

2013 was a good year for Castle as a whole, and hopefully for many individually - here's hoping 2014 is just as good.

~~~~~

### January 2013

Castle Bowmens traditionally late Annual Christmas Dinner was held at the Terra nova Restaurant in Cardiff Bay and everyone agreed the food

and venue were excellent. Many thanks to Tina for organising everything for the evening.

At the meal, the awards for the Annual club handicap shoot were announced -

Ashley was 3rd - Chris came in 2nd and the Title of club Champion goes To Heather - well done to her,  
- See the picture on the photo page

January - Frostbite Postal Shoot results -

CASTLE BOWMEN A (Mike Wo, Matt, & Rick) v's Meriden - 972 - TBA

CASTLE BOWMEN B (Mike Wi, Terry and Steve) v's Leaves Green - 854 < 983

CASTLE BOWMEN C (Ashley, Rob and Alan G) v's Nonsuch Bowmen - 774 < 803

Castle Snowmen were out in force to shoot the first (aptly named) Frostbite Postal of the year in the snow - see the pics

It's been decided that as we keep winning the postal leagues, Castle will be entering 3 teams into the Summer

Postal league for 2013 instead of just the 2 we entered last year.

The postponed club handicap shoot was shot on sunday 6th january - The Field ...mostly... dried out, apart from the mud.

The results and prizes will be awarded at the club dinner later in the month, but well done to every archer that shot

There were an impressive number of club members out to shoot this prestigious event in the Castle Bowmen calendar.

The results and prizes will be awarded at the club dinner later in the month, but well done to every archer that shot

A number of Castle Bowmen archers featured in the Welsh Rankings for 2012 :-

Chris ended the year as Welsh Barebow champion and at the top of the Gent Barebow Rankings  
Wendy was in 3rd spot for the Lady Barebows and in the Gent Recurve - Glenn ended 2012 in 2nd place.

Mike in 12th, Rick in 14th and Steve in 18th.

Our associate members also featured - Alan ending in 17th for the Gent Recurve,  
and well done to Laura for ending the year #1 in the Lady Recurve.

### **February 2013**

Castle Bowmen Juniors were on top form again at Cambria Bowmens Winter Soup Shoot Tournament

-

Heather winning a Gold and Ryan wining Silver in their respective categories - beating many seniors along the way.

Results from the february Postal shoot are in and Castle Bowmen Team C for the month - Alan H,  
Terry & Dave are

worthy Champions for the month and can congratulate them selves for besting their opponents by 6 points.

Castle Bowmen Teams A & B were not so fortunate, and cannot congratulate themselves.

Castle Bowmen Juniors were on top form again at Cambria Bowmens Winter Soup Shoot Tournament

-

Congratulations to Heather for shooting a County record in her category at the Glamorgan Indoor Championships.

Many of Castle Bowmen members shot at the Glamorgan Indoor Senior Championships, It being the 1st tournament for some.

Congratulations to Rick for scoring a PB and to Heather for claiming a new Glamorgan Record for her awesome shooting

### **March 2013**

Castle Bowmen held it's Annual Easter Sunday FITA shoot this year in the fabulous sunshine (OK it was cold but at least it wasn't raining )

All archers enjoyed themselves despite the cold and many of Castle's Archers put in very good efforts to win the many easter eggs prizes.

Matt and Glenn came 1st and 3rd respectively in the Gent Recurve with other Castle Members winning many spot prizes.

The Frostbite Winter postal shoot has ended and initial reports put us 2nd in one group and mid table in the others, so not

quite top, but nevertheless the shooting has been exceptional considering the weather at times, and it was all good fun.

Full and final results will be on the postal league page when confirmed. Now we've got to get ready for the Summer postals.

Castle Bowmen passed the 100 member mark for the first time in it's history, making it one of, if not THE Biggest Club in Wales.

Many thanks to Alan for printing a guidance booklet for new archers, which will be given to new members joining the club.

### **April 2013**

Improvers for the month :-

Rob and Mike Wi gain their 2nd class classification.

Alan, Rob , Rory, Wendy and Mike Wi improve their handicaps

The Summer Postal league fixtures are now on the Postal League & Tournament Calender pages for you to see.

We have 3 teams for this years tournaments so there's lots of spaces for everyone.

Reigning Champions Castle Bowmen Team A are in Division 1 -

Castle Bowmen Team B are in Division 6 -

Castle Bowmen Team C are in Division 9 -

Glenn and Chris travelled to Cleve Archers for their York Spring Tournament and here is Chris's report. :-

"On a day where the wind did a complete 360 degree round the field (blew left to right initially, then into your face wind,

then right to left and ended up as a back wind !! Otherwise ideal shooting conditions.

Glenn came 3rd in the recurve with a PB, an MB score of 1106 powered as he was by a whole walnut cake, a manky steak pie

and a really bad hair day !! He also claimed his Red Rose. I took barebow gold with a Bowman score of 636.

Not my best shooting by a long way !! Lots of pain but at least I stuck this one out. "

Castle Bowmen's AGM was held on Thursday 25th April at the Terra Nova in Cardiff Bay where the new Castle Bowmen

Committee were sworn in (see the committee page for details of who is now running the club on your behalf). Also on the

Committee page is a picture of the awards annually handed out at the AGM.

Many thanks to Val for her time as Secretary, dealing with all the club paperwork so excellently over the years, and

to Wendy who also stepped down, after 6 years in the role as Club Treasurer.

For the first Target day of the summer season the sun was shining and there were lots of Archers out shooting  
Congratulations to Rob and Mike Wi for gaining their new 2nd Class Classifications so early in the season.

Outdoor shooting starts again in the glorious spring Weather.....ok it's probably going to be cold but we can imagine.

### **May 2013**

Improvers for the month :-

Michelle gains her Bow(o)man Classification and improves her handicap

Ryan Gains his 2nd Class Classification Badge

Ricardo, Tim, Stan and Lewis gain their 3rd class classifications

Rob, Rory & Mike Wi' further improve their handicaps

The Club's first Junior Metrics tournament 'The Val Goodman Open' was shot in the glorious sunshine. All the Juniors shooting had a good time and Many Welsh and County records were claimed along with lots of PB's.

Ryan, Heather & Bethan all shot well and all claimed a Gold Medal in all of their age categories.

Continued awesome shooting from Michelle ensures she gains her Bowmen Classification Badge

Blandy Jenkins record status FITA was a good day for Castle Bowmen archers again, especially as the weather wasn't TOOO bad.

'Mike Wo' came home with the Bronze medal in the Gent Recurve Category with a seasons best score.

Wendy also shot a seasons best to come away with the Silver medal for the Lady Barebows.'

Well done to Ryan for shooting well and gaining his 2nd class classification badge

Congratulations to Ricardo for getting his 3rd class classification badge

Tournament report from 'The Westerns' Tournament held by Llandaff City Bowmen :-

"Castle Bowmen were well represented at the wet and windy Westerns at Llandaf City Bowmen today.

A positive start saw Steve forge ahead by 28 points at end the of the 80 yards section at half time.

Mike Wi' fought back valiantly to cut the deficit to a mere 9 points mid way through the second half, but Steve was able to dig in and end the session 12 points ahead to take the Gold with Mike achieving a

very respectable silver medal. Master Bowmen Chris fought hard to bring home a silver medal in the hotly contested Gents Bare bow Westerns. "

Congratulations to Tim , Stan and Lewis for gaining their 3rd class classifications

May - Summer Postal Shoot results -

CASTLE BOWMEN A (Mike Wo, Rick, & Rob ) scored 1714 v's Surrey who scored 1663 - Win

CASTLE BOWMEN B (Steve, Mike Wi & Alan H) scored 1542 v's Gravesend who scored 1519 - Win

CASTLE BOWMEN C (Terry,Tim & Alan G) scored 1369 v's Blue Arrows Bowmen who scored 1382 - 2nd place

### **June 2013**

Improvers for the month :-

Mike Wi' Gains his 1st Class Classification and further improves his HC

Rob gains his 1st Class classification and further improves his HC  
Alan G gains his 1st Class classification and further improves his HC  
Ryan Gains his 1st Class Classification  
Wendy Gains her 3rd Class Classification in Recurve  
Adrian Gains his 3rd Class Classification  
Mike Wo' claims his 1200 FITA star and improves his HC  
Michelle, Ashley, Duncan, Tina, Tim, Terry & Mike B all improve their HC

The 2013 Castle Bowmen FITA 900 'Doug Woodley' Tournament had a full field shooting in almost ideal conditions.

"There were many successes for Castle Bowmen archers, with Michelle taking Gold for the Lady Barebow as well as beating her previous Glamorgan record. Wendy took Gold for Lady Recurve, with Val taking Silver and claiming the Glamorgan Veterans record in the process. Rob took the Bronze medal and also claimed the Glamorgan record for the round for Gent Recurve. Rick also put in a claim for the Glamorgan Masters record . Good work from the Juniors also as Bethan, Heather, Alex, Keanu and Ryan all taking Gold in their respective categories, with Ryan also gaining his First Class Classification on the day."

Congratulations to Adrian for gaining his 3rd Class Classification

Report from Mike Wi' shooting at the Llandaff City Bowmen Double American Tournament.  
"Conditions were taxing to say the least, severe gusting head wind with on/off drizzle through out the day, with the added wind chill factor (wish I was wearing my thermals on at times brrr). As Castle Bowmens lone representative, I shot to my usual Tournament standard and achieved a P.B in the morning session with a score of 617. The afternoon session (which was seeded from the mornings results) started badly with a shift in the wind throwing the morning sessions aim points to the wind literally, but I battled on and pulled things back to have the highest score on my target by the end, finishing with a 607. The fatigue was certainly starting to kick in towards the end, and I finished the day in 5th place. 16 doz arrows is seriously hard work but was an enjoyable day all the same!"

Congratulations to Rob and Alan for gaining their 1st class classifications at the June target day, in windy conditions as well.

Neath Archers put on their annual York/Hereford tournament and some of Castle Bowmen went to see how well they could shoot at it.  
" The day was Wet !! very Wet . But it didn't stop Mike Wo', Rick, Wendy, Steve and Nick all shooting SB's (seasons best) scores. Nick ended up 2nd Gent Recurve on the Hereford round. Wendy was 2nd Lady Barebow on the Hereford. And Mike Wo' took the bronze for the Gent Recurve shooting the York round."

Congratulations to Nia for winning the Lord of the Rings competition held on the last Junior club day. She had to shoot the Orcs, Defeat the Witch King and finally won by being the first to hit the eye of Sauron right in the middle - Well Done.

Well done to Mike Wi' for gaining his 1st class classification

June - Summer Postal Shoot results -

CASTLE BOWMEN A (Matt, Mike Wo' and Duncan)

CASTLE BOWMEN B (Terry, Chris & Alan G)  
CASTLE BOWMEN C (Rob, Rick and Michelle)

Cymric Archers World record status Double FITA STAR was a good weekend for some Castle Bowmen Archers.

"The weather was variable and on the Saturday very Windy, but calming down somewhat for the Sunday shooting.

After a gusty day Mike Wo' was in 3rd place after the first day's shooting. On the Sunday he shot superbly well to

put in a PB (personal best) score, his first MB (Master Bowmen) score for the year and ended up taking away the Silver for the double round.

Mike also claimed his 1200+ FITA star badge. Wendy also shot well to take the Lady Barebow Gold medal for a single day shoot.

### **July 2013**

Improvers for the month :-

Beth gains her 1st AND 2nd Class Classifications this Month

Wendy gains her 2nd Class Classification in Recurve to go with her Bow(o)man in Barebow

Adrian, Michelle, Tim and Mike B' all improve their HC's

Congratulations to Beth for gaining her 1st Class classification

Tournament report from The Glamorgan County Championships at Creigau - hosted by Cambria Bowmen .

" Castle Bowmen carry's on it's proud tradition of being the Club of Champions.

In the VERY hot conditions Ryan shoots a PB score to become the Junior Gent Recurve U14 Glamorgan County Champion.

Mike Wo', shooting the York round, also took Gold to become the Senior Gent Recurve Glamorgan Champion again.

In the Hereford round Michelle also shot a PB to take Silver for the Lady Barebows with Wendy taking the Bronze.

Nick took Gold for Gent Recurve shooting the Hereford round."

Summer Postal League Tournament : July Results -

Castle Bowmen Team A = Mike Wo', Rick & Mike Wi'. - 2nd place

Castle Bowmen Team B = Rob, Michelle & Terry - WIN against LLANTARNAM AC

Castle Bowmen Team C = Alan, Steve & Tim. - 2nd place

Full results and next fixture on the Postal league page

A link to the Current list of club members Classifications is now at the bottom the 'Archer Resources' page.

Congratulations to Wendy for gaining her 2nd Class Classification - this time in Recurve style.

Congratulations to Beth for gaining her 2nd class classification.

Castle has a Flickr account to showcase the club tournaments - Castle on Flickr - Submissions gratefully accepted.

### **August 2013**

Improvers for the month :-

Becky, Tim and Adrian get their 2nd class classifications

Heather gains her Recurve 3rd Class Classification

Mike B' and Owen also get their 3rd class classifications

Wendy, Rick and Ashley improved their H/C's by 2 each

Rob, Michelle and Mike Wi' all improved their H/C by 1

Congratulations to Adrian and Becky for gaining their 2nd class Classification's.

Also. Well done to Owen, Mike B' and Heather for their 3rd Class Classifications.

Six of Castle Bowmen's Archers are to be included in the upcoming WAA Inter-Counties Tournament. Good luck to all the Archers who are now confirmed as competing for the Glamorgan County team :-

- ~ Glenn for the Senior Recurve team
- ~ Michelle and Mike Wo' in the Senior Barebow team
- ~ Ryan & Heather for the Junior Recurve team
- ~ Beth in the Junior Barebow team

Congratulations to Tim for gaining his 2nd Class Classification

The club coaches will be meeting in September to confirm all aspects of the coaching programme for the indoor season,

October 2013 to March 2014. If any club members have suggestions or requests for coaching activities

please email the club's Head of Coaching - : Rory.Simmonds@gmail.com

If any member wants to discuss additional one-to-one coaching just mention it to one of the coaches or more experienced archers,

and we can work out what would be best to suit your needs.

August - Summer Postal Shoot results -

Castle Bowmen Team A = Mike Wo', Matt & Rick - 1835 v's Chesterfield 1720 - A WIN FOR CASTLE !!

Castle Bowmen Team B = Mike Wi', Neil & Michelle - 1583 v's High Weald - 1729 - 2nd place for Castle

Castle Bowmen Team C = Terry, Rob & Alan - 1465 v's Bayeaux 1505 - 2nd place for Castle

Full results and next fixture on the Postal league page

All the best wishes from the Club to Paul & Debs on their Wedding .

Tournament report from Rick about the Gwent County Championships at Llantarnam:-

"A mixture of Glory and Disappointment at the Gwents for Castle Bowmen.

Disappointment- The organisers called it off after the 6 doz at the longest distance.

...it was very wet and rain continued for a good hour afterwards - but it did lift a bit - Castle Bowmen would have shot on of course.

It means despite shooting very well, the scores can't count for Welsh Ranking purposes or towards Classifications.

Glory !!!!!!!!!!!!!!!!

Michelle, shooting the Hereford round, took Visitors Gold and overall first Lady Barebow -

She was well on to score her first MB (Master Bow(o)man) score but as the round was abandoned by the organisers it won't count :(

I (Rick) won the Visitors Gold for the Gent Recurve and came 3rd overall, with a Score of 297 - very steady throughout- lowest doz 45 - highest 53,

Also on the York round Chris took Visitors Gold for Barebow and overall first Gent Barebow.

Steve didn't get blown off the line for taking too long - close though at times . "

\*\*\*\*\*

SUBSCRIPTION FEES ARE BEING COLLECTED NOW

IF YOU ARE A MEMBER AND HAVEN'T RECEIVED A NOTIFICATION THEN PLEASE TALK TO

CHRIS (CLUB SECRETARY) or STEVE (CLUB TREASURER) FOR DETAILS

### **September 2013**

Improvers for the month :-

Mike Wo' gains his 1st Class Barebow classification and improves his BB H/C by 7

Heather gains her 2nd Class Recurve classification and improves her H/C by 6

Danielle gains her 3rd class classification and improves her H/C by 5

Becky improves her H/C by 3

Nia Improves her H/C by 3

Beth improves her H/C by 1

Congratulations to Heather for gaining her 2nd Class Classification for Recurve

Congratulations to Danielle for gaining her 3rd Class Classification

Big Report from the Cambria Bowmen BBQ shoot where Castle Bowmen were in attendance en-masse.-

"A dozen intrepid archers from Castle were shooting at the BBQ shoot this year, taking up a sizeable portion of the field and just as many prizes by the end of the lovely warm & windless day. Almost everyone shot PB's (personal best scores) on the day.

First and most important Rob, Wendy, Mike Wo', Mike Wi', Mike B, Michelle and Heather all won prizes in the raffle.

Steve shot very well, scoring a PB by lots of points and also claimed a spot prize, which was sweets to make him more hyper.

Heather shot well on the Short Windsor round picking up a Bronze medal to go with her PB and Raffle prize.

On the Windsor round Alex and Tina both got Golds in their categories with Mike B & Mike Wi' both picking up Silvers.

Up on the Albion round both Rob and Michelle picked up Golds to go with their PB's and Michelle also claimed a Glamorgan Record.

Finally on the long St George round Rick took home Bronze in the hotly contested Gent Recurve category with his PB.

Wendy, shooting Recurve, also took home the Gold Medal. In the Gent Barebow category Chris takes home the Silver with

Mike Wo' taking the Gold with a new Glamorgan and Welsh Record score for the round ."

September - Summer Postal Shoot results -

Castle Bowmen Team A = Mike Wo', Matt & Rick - 1833 v's Stafford 1556 A WIN FOR CASTLE !!

Castle Bowmen Team B = Mike Wi', Alan & Michelle v's LAOFAC A WIN FOR CASTLE !!

Castle Bowmen Team C = Terry, Steve & Rob - 1449 v's Bowmen of Gower 1264 A WIN FOR CASTLE !!

Full Results as we get them and More details of the next Postal league shoots are on the Postal League Page

Tournament report from Chairman Rick from the Somerset County Championships -

"AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAARRRRRRRRRRRRRRGGGGGHHHH It could (should) have been so much better.

6 ends of practice - yes SIX - only two misses and guess what, it continued -

first time ever no misses at 90m - score 196 not awesome but promising for a FITA star at least ---- 436 for the long metric after an ok 70m. Then at 50m " [I thought 'Bother'!, what is going wrong... ] " (edited for content)

82 first doz then a couple of 60 somethings and 4 misses - still well up on last week and 1000 looking pretty unachievable but a PB very much on the cards.

10 at 30m to start - then it went weird - I kept going left - now we were on a 3 man detail and I was C so I played with my feet and sight

groups fine - but 7's and 6's - wind was tricky ( we were not far from Cleve) but 7's and 6's - it was going to be a struggle to hit last weeks score.

Checked button - ok checked sight pin a nut was loose but the pin rock solid (i'd glued it).

Looked down the bow at the target - waaaaiiit a minute - school boy error (I've done it before) I'd been moving the site the wrong "[Darn .... ] " way. (edited for content)

All corrected - 53 - 51 - 55 and a final score of 929 (43 HC which should improve my Welsh ranking)) and a seasons best -- another 11 points would have been a pb."

The Welsh Inter-Counties Tournament for 2013 was won by .....GLAMORGAN !!

"Under the watchful eye of the Team Manager, Castle Bowmen's very own Chris, Glamorgan decisively swept to victory.



Beth, Ryan, Heather, Michelle, Mike Wo' and Glenn from Castle were all part of the winning county team.

There were category victories as well :- Beth took home a County Team Gold medal as part of the Junior Barebow Team, and Michelle & Mike Wo' also took home County Team medals for being part of the winning Senior Barebow Team."

(pictures on the Castle Bowmen Flickr feed - see top of photo gallery page for link)

The Welsh Target Championships were held at Chepstow this year and a small group of Castle Bowmen were in attendance:-

" The conditions for shooting were very good - nice and warm and very little wind, so hopes were high.

The awesome Castle Bowmen, of course, carried on the tradition of being the Club of Champions.

Michelle takes top honours as she is now Welsh Lady Barebow Champion after shooting a PB (Personal Best score) in the Ladies FITA

to take the Gold, the Trophy and by no means least her first GMB score (Grand Master Bowman - the highest Classification there is !!).

To complete the set of medals for Castle, Wendy took the Lady Barebow Silver medal and Mike Wo' the Bronze for Recurve in the Gents FITA."

Press Release from the Department of the Director of High Performance Archery, Castle Bowmen:-  
"The September 15th, 2013 postal shoots promise to be the tightest yet in the history of our clubs summer league participation.

In Division 1, Team A, having beaten top club Chesterfield in August, take on bottom club Stafford. An overall second placed finish for Team A is the minimum expectation !!!

In Division 6, Team B, with barebow archers to the fore, can ensure an overall second place finish in their final match against second from bottom LAOFAC.

A desperate battle is in prospect in Division 9, where, with Castle Bowmen having never suffered defeat against another Welsh club,

our gallant Team C take on Bowmen of Gower in the pool of death."

Speaking from command HQ, the Director of High Performance said;

"Going into the final round of matches we have total confidence in the 'Deadly Machine' that is our postal squad"

### **October 2013**

Improvers for the month :-

Danielle and Mike B' both gaining their 2nd Class outdoor Classifications in Barebow, Also Danielle improves her outdoor H/C by 4.

Mike Wo' gains his Indoor 'C' Classification

Michelle improves her Indoor Classification and is now a 'D' Class & improves her Indoor H/C

Rob gains his 'D' indoor Classification and improves his Indoor H/C

Lee, Ricardo, Alan and Mike Wi' all gain their 'E' indoor Classification

Rick and Steve both improve their indoor H/C

Well done to Mike B' for gaining his 2nd Class Barebow Classification

Good news from the Glamorgan Junior Indoor Championships hosted by Llandaff City Bowmen.

"Castle Bowmen have lots of new Junior Glamorgan Champions within its midst now after the County Indoor Championships.

Every one of the Castle Bowmen Juniors who entered won the Gold in their respective categories, and some with Trophies !!

Harry is now Glamorgan Indoor Junior Gent U18 Barebow Champion, Ryan is Glamorgan Indoor Junior Gent U16 Recurve Champion

Sisters Nia and Rhianna are both Glamorgan Indoor Junior Lady U14 Champions, Nia in Recurve, Rhianna in Barebow.

Excellent shooting from all."

Congratulations to Mike Wi' for gaining his 'E' indoor Classification  
Congratulations to Michelle for improving her Indoor Classification and is now officially a 'D' Class.  
Well done to Rob who also improves his Indoor Classification from a 'E' to a 'D' now.  
Mike Wo' also gains his Indoor Classification and is now a 'C' Class.

The 2nd Castle Bowmen Annual Traditional Long Standing Club Team Head-to-Head Tournament was held at the start of October, as is the long standing tradition of 2 years.

'The weather may have been grey but the rain held off for some exciting shooting and thrilling tense medal decider matches.

The teams shot the Elimination rounds in hushed silence as the concentration was evident from the awesome high scores.

Some teams shot higher than their qualifying rounds to take them further to the Medal decider matches - some teams did not.

In the final standings :-

In Bronze medal position were 'Team 3' - Rob, Dave and Karen,

Silver medal went to 'Team 6' - Glenn, Alan H and Nia,

The Gold medal & Trophy winners were 'Team 4' - Mike Wo', Rick and Rhianna.'

(pictures from the team shoot on the photo page)

It has been confirmed that Castle are the best club in the UK AGAIN - Castle Bowmen team A finished Top of Division 1 in the Summer Postal league.

see postal league page for full details .

Congratulations to Mike Wo' for confirmation of his Welsh Barebow Record shot at a tournament last month.

Congratulations to Danielle for gaining her 2nd Class Classification at Barebow.

Indoor Shooting starts again - Wednesday evenings at Llandaff 6pm-9pm and Sunday afternoon at St Davids 3pm-6pm -

Outdoor shooting Sunday Mornings still continues at the field as usual

### **November 2013**

Improvers for the month:-

Michelle gains her Indoor Barebow 'C' Classification and improves her Outdoor H/C

Alan and Mike Wi' gain their 'D' indoor Classifications

Nick gains his Indoor 'E' Classification

Steve Gains his 'E' Indoor Classification, this time for Compound

Mike Wo' gains his 'E' Barebow Classification for Indoors

Rory gains his Indoor 'F' Classification

Ricardo, Lee, Rob, Michelle, Rory & Alan all improve their Indoor H/C's this month

November Winter Postal league Frostbite Results -

Castle Bowmen Winter Team A (Mike Wo' , Rick and Glenn) - 950 v's AC Delco - 949 A WIN !!!

Castle Bowmen Winter Team B (Michelle , Steve and Alan G) 882 v's Bowmen of Rutland -931 2nd place

Castle Bowmen Winter Team C (Terry, Dave and Mike Wi') - 777 v's LAOFAC - 830 2nd place

Castle Bowmen's UK record Status FITA 18m Tournament was a great success and gained praise from Archers and Judges alike.

" This year's tournament was attended by more archers than last year - County and Welsh Team members were shooting plus

an Olympic archer made an appearance (and won of course ). Glamorgan and Welsh Records were also broken by a few.

But not to be outdone, three of our Juniors took medals - so well done to Jonathan, Heather and Ryan for good shooting.

Lady Paramount Welsh Lady Barebow Champion Michelle also carried on winning and took home a Gold too"

Click here for more pictures from the Castle Bowmen FITA 18m 2013 Castle Bowmen FITA 18m 2013 pics

November 2013 - Well done to Heather for winning a Gold medal at the Gwent Indoor Championships.

Well Done to Mike Wi' and Alan for both gaining their 'D' Indoor Classification badges and Mike Wo' for gaining his 'E' Barebow Classification

Congratulations to Steve becoming the highest ranked club Compound archer and gaining his 'E' Indoor Classification.

He is now Castle Bowmen 'compound supremo' (his words)

ADVANCE WARNING \*\* Saturday 23rd November Junior Club Morning - will be Juniors ONLY shooting for this Saturday\*\*\*

Congratulations to Michelle for Gaining her Indoor 'C' Classification shooting Barebow (before most of the recurve guys btw)

Well Done to Rory for gaining his 'F' Indoor Classification

The Winter Postal Frostbite League Starts November 3rd - Castle has 3 teams to fill - Practice starts at 9.30am

We want to build on our Summer Postal Victory's - Everyone has a chance of making the team

### **December 2013**

Improvers for the month:-

Excellent news for Lee and Nick as they both improve their Indoor classifications up to a 'D' Class for Recurve.

Congratulations to Steve for Gaining an Indoor Classification in a 3rd bow style - this time its an 'F' for Barebow

Well done to Rob for gaining the first 'G' indoor classification in the club, again in the Barebow style

Well done to newcomer Ian and also to Heather for getting their Indoor 'F' classifications.

Ashley gained his 'F' classification for Indoor and also Rick his 'F' in Barebow

Mike B' and Terry also get a new indoor classification of 'E'

Heather, Mike Wo', Rick and Nick all improve their Indoor H/C's

Michelle once again improves her Outdoor H/C

The Annual Club Handicap Shoot will be held on the 5th January and this will determine the club Champion for the coming year.

As the name implies it is a HANDICAP shoot - this means that no matter your ability you have a chance to win.

A complicated mathematical arrangement is performed to add a levelling score to your shot score to determine the winner.

Basically Experienced archers get a little added - The not so experienced get more added - So all to play for.

Let Chairman Rick know if you wish to shoot - Medals and Trophy up for grabs - £2 entry fee.

December Winter Postal Results - full results TBA on the postal page when we have them .

Winter Team A: Mike Willcocks, Michelle Wood, Rick Seal 888 v's Woking AC - 932 2nd place

Winter Team B: Steve Chamberlain, Rob Knight, Alan Hayes v's Stafford Archers

Winter Team C: Terry Cross, Ashley Birkett, Alan Griffiths - 783 v's Cranford (Southall) - 809 2nd place

Well done to Ashley for gaining his Indoor 'F' classification and to Rick for his BAREBOW 'F' Classification

Congratulation to Lee for gaining the next level of Indoor Classification for Indoor shooting, She will now receive her excellent 'D' Indoor classification badge.

Castle Bowmen gets it's first article in the Archery GB magazine (Archery UK) for this quarter.

Thanks to Mike Wi' for sending that in - and Thanks to Owen for posing in the pic - check it out : page 10